

Team Forms Competition

Article I: Rules of Competition

Competition must be conducted according to the respective rules of individual competition. Forms CANNOT be altered OR modified.

Article II: Team Make-up

Section 1: All team members must be Black Belts.

Section 2: Teams shall consist of three (3) members.

Section 3: An individual may compete on only one team in forms and one team in sparring.

Article III: Age, and Sex Divisions

Section 1: It is recommended that at National events competitors will be grouped according to the following table:

- a) Age 17 & under
- b) 18 years and up

Section 2: Teams may consist of all female, all male, or a combination of females and males within the age groups outlined in section 1.

Article IV: Order of Competition

Teams shall draw lots to determine the order of competition

Article V: Determination of Winning Team

A team score will be awarded based on all criteria used in judging individual forms competition as well as the presentation of the team as a unit.

Article VI Black Belt teams may perform any pattern up to the level (rank) of the senior ranking member of that team.